

January

Join Us for Lunch! Contact Matt mhenson@ascension-parish.com



This symbol will represent the harvest of the month. This month's harvest is Broccoli.



Salad bar, milk and fruit side offered daily! This month's salad bar protien is chicken and diced ham.



Tuesdays are Taste Challenge Days for the kids to try something new.

We will be practicing Meatless Mondays



Broccoli by Maddie Gipson



Month Harvest Broccoli by Maddie Gipson 5th Grade

"My favorite item on the salad bar is strawberries because they are full of flavor and taste so fresh!"

"I stay healthy by running up and down the basketball court."

"If I were a farmer, I would grow strawberries because they are so sweet, yet healthy."

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 NO SCHOOL	2 NO SCHOOL	3 Chicken Pot Pie, Fruit	4 Turkey Noodle Soup	5
6	7 Cheese Lasagna, Salad, Fruit	8 (Taco Tuesday) Pot Roast Tacos	9 Orange Chicken, Fried Rice, Broccoli, Fruit	10 Baked Potato Bar	11 Vegetable Beef Soup	12
13	14 Pasta Bar (Choose your own toppings)	15 (Taco Tuesday) Walking Taco Bar* Foxhollow Beef	16 Pancakes, Bacon, Fruit	17 Chicken Fingers and Fries, Peas, Fruit	18 Loaded Potato Soup	19
20	21 No School (MLK)	22 (Taco Tuesday) Cheese Quesadilla Bar	23 Roasted Chicken Legs, Baby Carrots, Broccoli, Fruit	24 (Brunch) Biscuits, Gravy, Eggs, Sausage, Fruit	25 Papa Johns	26
27	28 Spaghetti, Italian Bread, Salad, Fruit	29 (Taco Tuesday) Chicken Fajita Bar	30 Turkey, Gravy, Mashed Potatoes, Broccoli	31 French Toast Casserole, Sausage, Fruit		