



# APRIL

Join Us for Lunch! Contact Matt mhenson@ascension-parish.com

 Green Onions by Charlotte Buchwald



Month Harvest  
Green Onions by  
**Charlotte  
Buchwald**

"My favorite item on the salad bar is lettuce, because I love the green ones and because it tastes so crunchy!"

"I stay healthy by eating a lot of fruits and vegetables."

"If I were a farmer, I would grow apples, because I love the juice; bananas, because they don't hurt my wiggly tooth and carrots, because they're my favorite vegetable."



This symbol will represent the harvest of the month. This month's harvest is Green Onions and will be offered every day.



All meals come with salad bar, veggie, fruit sides and cold milk.

We will be practicing Meatless Mondays. Meats are whole-muscle and local when available.

Baked potatoes and salad bar are available each day.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Spring Break No School	2 Spring Break No School	3 Spring Break No School	4 Spring Break No School	5 Spring Break No School	6
7	8 Pasta bar	9 Fajita Bar	10 Pork/Gravy and Dumplings Box Lunch Offered	11 Minestrone Soup	12 School Pizza	13
14	15 Cheese Lasagna	16 Walking Taco Bar Foxhollow Beef	17 Shepherd's Pie Box Lunch Offered	18 Brunch	19 Fish Sandwich	20
21	22 No School	23 Chicken with Spanish Rice	24 Kosher Beef Pigs-in-a-Blanket Box Lunch Offered	25 Chicken Sandwich	26 Papa Johns	27
28	29 Fettuccine Alfredo (from Noodle Man: The Pasta Superhero) RSVP 4/23	30 Taco Bar (From Dragons Love Tacos) Foxhollow Beef RSVP 4/23	1 French Toast and Berries (from Bread and Jam for Francis) RSVP 4/23 Box Lunch Offered	2 Vegetable-Beef Soup (from Stone Soup) RSVP 4/23	3 No School	