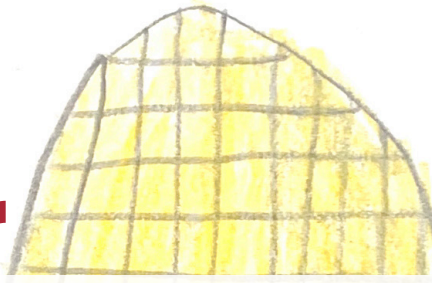
 Corn by John Bowling

October



This symbol will represent the harvest of the month. This month's harvest is corn.



Salad bar, milk and fruit side offered daily! This month's salad bar protein is diced chicken.

B = Breakfast L = Lunch

Beef now from On Tapp Farm (all grass-fed, all natural)

Baked Potatoes will be offered daily.



September Harvest Corn by John Bowling

"My favorite item on the salad bar is cucumbers, because it tastes good on salad."

"To stay healthy, I play baseball and eat fruits and vegetables."

"If I were a farmer, I'd grow strawberries because they're juicy, sweet and have good flavor."

FIELD DAY FAMILY FARM



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>RSVP by September 23 to Mike Grimes at mgrimes@ascension-parish.com, or 451-0334 for Book Fair Lunch Monday, September 30 - October 2</p>		<p>1 B: Sausage & Biscuit L: Tuscan Tomato Soup, Grilled Cheese</p>	<p>2  B: A la Carte L: Hamburgers, Tater Tots, Corn</p>	<p>3 Dismiss @ 11:00 am NO LUNCH SERVED</p>	<p>4 NO SCHOOL</p>	<p>5</p>
<p>BOOK FAIR</p>						
<p>6</p>	<p>7 NO SCHOOL</p>	<p>8 B: A la Carte L: Beef & Barley Vegetable Soup, Cheddar Bay Biscuit</p>	<p>9 B: Sausage Links & Tater Tots L: Homemade Chicken & Dumplings, Peas & Carrots & Dinner Roll</p>	<p>10  B: Yogurt Berry Parfait L: Spaghetti & Meatballs, Corn, Garlic Toast</p>	<p>11 B: A la Carte L: Homemade Beef Raman with Peas, Carrots & Onion, Vegetable Egg Roll</p>	<p>12</p>
<p>13</p>	<p>14  B: A la Carte L: Pork BBQ Rib Sandwich, Baked Beans, Corn</p>	<p>15 B: Sausage Patty & Eggs L: Chicken Tortilla Soup, Bosco Mozzarella Breadstick</p>	<p>16  B: Pancake & Sausage Link L: Fish Sandwich on Whole Wheat, Corn, Seasoned Fries</p>	<p>17 B: Yogurt Berry Parfait L: Homemade Chicken Salad on Croissant, Green Beans</p>	<p>18 B: A la Carte L: Loaded Potato Soup, Baguette</p>	<p>19</p>
<p>20</p>	<p>21 B: A la Carte L: Chicken Parmesan Sandwich on Whole Wheat, Asparagus w/ optional Hollandaise Sauce</p>	<p>22  B: Sausage Biscuit L: Homemade Chili, Grilled Cheese, Corn</p>	<p>23  B: A la Carte L: All Beef Hot Dogs or chili dogs, Corn on the Cob</p>	<p>24 B: Sausage Links & Hash browns L: Baked Potato Bar, Steamed Broccoli</p>	<p>25  B: A la Carte L: Papa John's, Corn</p>	<p>26</p>
<p>27</p>	<p>28 B: A la Carte L: Philly Cheese Steak, Seasoned Fries, Broccoli</p>	<p>29 B: French Toast & Bacon L: BBQ Chicken Legs, Brown Butter & Maple Butternut Squash, Dinner Roll</p>	<p>30 B: A la Carte L: Homemade Chicken Noodle Soup, Baguette</p>	<p>31  B: A la Carte L: Ham or Turkey Wrap, Corn, Tater Tots</p>		