



Month Harvest Zucchini by Madison Wagner

"My favorite item on the salad bar is cucumbers because it is crisp and always delicious"

"I stay healthy by playing sports and eating healthy."

"If I were a farmer, I would grow lettuce because I love salad."

February

Join Us for Lunch! Contact Chef Mike at mgrimes@ascension-parish.com

This symbol will represent the harvest of the month.

This month's harvest is Zucchini.



Salad bar, milk and fruit side offered daily! This month's salad bar protien is chicken.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
	©	8	©	©	S	
2	B: A la Carte L: Loaded Potato Soup, Cheddar Bay Biscuit	B: Sausage Croissant L: Red Beans & Rice with Smoked Sausage, Sautéed Zucchini	B: A la Carte L: Chicken Casserole (Diced chicken, stuffing, cream of chicken soup), Mixed Greens	B: Pancakes & Sausage Links L: Baked Ziti Pasta in house marinara, Broccoli & Garlic Toast	B: A la Carte L: House made Sloppy Joe's (ground beef from On Tapp Farm), Hash brown Patty & Corn	8
9	B: A la Carte L: Ham & Cheese Hoagie, Tater Tots & Carrots	11 B: Sausage & Egg Biscuit L: Pulled Pork Tacos, Refried Beans & Corn	B: Bacon & Eggs L: Swiss Steak & Noodles, Zucchini & Yeast Roll	B: Pancake Wrap L: Chicken Wings (w/ your choice of sauce Buffalo, BBQ, Sweet Chili or Teriyaki), Waffle Fries & Broccoli	14 WINTER BREAK NO SCHOOL	15
16	NO SCHOOL	B: A la Carte L: Breaded Chicken Breast Sandwich on Whole Wheat, Tate Tots & Zucchini	B: Sausage & Egg Biscuit L: Vegetable Soup, Cheddar Bay Biscuit	20 B: Pancake Wrap L: All Beef Hot Dogs, Waffle Fries, Baked Beans & Corn	B: A la Carte L: Baked Potato Bar & Broccoli	22
23	B: A la Carte L: Hamburger on Whole Wheat, Waffle Fries & Normandy Blend Vegetable	B: Pancake Wrap L: Roasted Turkey, Mashed Potatoes, Gravy, Zucchini & Roll	26 ASH WEDNESDAY B: Eggs & Hash brown L: Fish Sandwich on Whole Wheat, Tater Tots & Mixed Greens	27 B: Sausage & Egg Croissant L: Cheese Tortellini in Alfredo Sauce, Garlic Toast & Broccoli	B: A la Carte L: Papa John's Cheese Pizza & Corn	29