


March



 Lettuce by Gabriella Graves



Month Harvest Lettuce by Gabriella Graves

“My favorite item on the salad bar is lettuce because there are so many different kinds. It’s crisp and goes great with Ranch dressing. I feel healthy when I eat salad.”



This symbol will represent the harvest of the month. This month’s harvest is Lettuce.



Salad bar, milk and fruit side offered daily! This month’s salad bar protein is chicken.

Join Us for Lunch! Contact Chef Mike at mgrimes@ascension-parish.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 B: A la Carte L: School Cheese Pizza, Peas & Carrots	3 B: Sausage, Egg on Croissant L: Spaghetti & Meatballs, Corn, Garlic Toast	4  B: Pancake Wrap L: Beef Nachos, Black Beans, Corn	5 B: Hash brown Patty & Eggs L: Crispy Chicken Leg, Mashed Potatoes, Broccoli, Gravy, Roll	6 B: A la Carte L: Cheese Ravioli in House Marinara, Peas, Garlic Toast	7
8	9 B: A la Carte L: Breaded Chicken Sandwich on Whole Wheat Bun, Waffle Fries, Green Beans	10 B: Pancakes & Bacon L: Salisbury Steak, Mashed Potatoes, Peas, Gravy, Roll	11  B: Sausage Biscuit L: Brunch... Pancakes, Eggs, Sausage, Bacon	12 B: Pancake Wrap L: Korean BBQ Beef Bowl, Rice, Broccoli	13 B: A la Carte L: Fish Tacos, Black Beans, Corn	14
15	16 B: A la Carte L: Baked Potato Bar, Broccoli	17 B: Hash Brown Patty & Sausage Links L: On Tapp Farm Hamburgers, Waffle Fries, Corn	18  B: Bacon & Egg Patty L: Roasted Turkey, Stuffing, Scalloped Potatoes, Peas, Roll	19 B: Sausage Biscuit L: Diced Chicken Parmesan w/ Spaghetti, Broccoli, Garlic Toast	20 B: A la Carte L: Fish Sandwich on Whole Wheat, Seasoned Fries, Broccoli	21
22	23 B: A la Carte L: BBQ Pulled Pork Sandwich, Baked Beans, Peas & Carrots	24 B: Pancake Wrap L: Chicken Gnocchi Alfredo, Broccoli, Garlic Toast	25  B: Sausage & Egg on Croissant L: Philly Cheesesteak, Green Beans, Waffle Fries	26 B: Hash brown Patty & Sausage Links L: All Beef Hotdogs, Baked Beans, Carrots	27 B: A la Carte L: Papa John’s, Corn	28
29	30	31				