



 cauliflower by Lilly Norris



August Harvest cauliflower by Lilly Norris

"My favorite item on the salad bar is lettuce because it is full of vitamins, crispy and yummy!"

"I stay healthy by eating healthy and playing sports."

"If I were a farmer, I would grow strawberries because they are so healthy and tasty!"

February



This symbol will represent the harvest of the month. This month's harvest is cauliflower.



All meals come with salad bar, veggie, fruit sides and cold milk.

We will be practicing Meatless Mondays. Meats are whole-muscle and local when available.

Baked potatoes and salad bar are available each day.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Minestrone Soup, Sandwich TBD Crackers Fruit	2
3	4  Pasta bar Seasonal Salad Fruit	5 Potato and Cheese Empanada Black Bean Salad Fruit	6  Sloppy Joes Veggie Dippers Fruit Foxhollow Beef	7 Early Dismissal. No Lunch Served	8 No School	9
10	11 No School	12 Soft Taco Bar Foxhollow Beef	13 Sliced French Toast Bacon Seasonal Fruit	14  BBQ Chicken Sandwich Potato Salad Cucumber Slaw Fruit	15 Chili Bar Cornbread Fruit Foxhollow Beef	16
17	18  Cheese Ravioli Steamed Veggies Fruit	19 Chicken Tortilla Soup Roasted Corn Carrot Slaw, Fruit	20 Chicken Fingers Macaroni & Cheese Peas Fruit	21  All Meat Mini Corndogs Fries Veggie Dippers Fruit	22 Papa Johns	23
24	25  Spaghetti Marinara Crunchy Winter Salad Fruit	26 Nacho Bar	27  Chicken/Rice Casserole Peas/Carrots Cauliflower Mash Fruit	28 Brunch (sausage, biscuits, eggs, gravy, fruit)		