

## Carrots by Lila Watts



August Harvest carrots by Lila Watts

"My favorite item on the salad bar is strawberry yogurt because it's a creamy sensation!"

"I stay healthy by playing field hockey, swimming, volleyball."

"If I were a farmer, I would grow cantaloupe because it's so sweet and juicy!"



This symbol will represent the harvest of the month. This month's harvest is carrots.



All meals come with salad bar, veggie, fruit sides and cold milk.

We will be practicing Meatless Mondays. Meats are whole-muscle and local when available.

Baked potatoes and salad bar are available each day.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Chicken Noodle Soup Cheese Biscuits Fruit	2
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3	Pasta Bar Carrot Salad Fruit	Walking Taco Bar Foxhollow Beef	Fish Sticks Veggie Dippers Fruit	7 Chicken Sandwiches Curly Fries Fruit	Tomato Soup Toasted Cheese	9
0	11	12	13	14	15	16
	No School	Quesadilla Bar	All-beef Pigs in a Blanket Potato Wedges Fruit	French Toast Casserole Sausage Fruit	School Cheese Pizza (The rectangle kind)	
7	18	19	20	21	22	23
	Spaghetti Spring Salad Fruit	Chicken Fajita Bar	Pot Roast with Gravy Potatoes Carrots Fruit	Chili Bar Foxhollow Beef	Fish Sandwiches Fries Fruit	
	<b>&amp;</b>	<b>*</b>	<b>*</b>	<b>*</b>	<b>©</b>	
24 / 31	House-made SpaghettiOs Garlic Bread Salad Fruit	Nacho Bar Foxhollow Beef	Chicken Fingers Veggie Dippers Spring Slaw Yeast Rolls	Brunch (Biscuits, Eggs, Sausage, Fruit)	Papa Johns	30