



Join Us for Lunch! Contact Matt mhenson@ascension-parish.com



Month Harvest Green Beans by Connor McDearmon

"My favorite item on the salad bar is ham, because it's chewy and a little bit like bacon."

"I stay healthy by eating lots of peppers and playing outside."

"If I were a farmer,
I would grow
bananas, because
they taste great and
I could make banana
pudding!"



This symbol will represent the harvest of the month. This month's harvest is Green Beans and will be offered every day.



All meals come with salad bar, veggie, fruit sides and cold milk.

We will be practicing Meatless Mondays. Meats are whole-muscle and local when available.

Baked potatoes and salad bar are available each day.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 French Toast and Berries (from Bread and Jam for Francis) Book Fair	2 Vegetable-Beef Soup (from Stone Soup) Book Fair	3 No School	4
			Box Lunch Offered	6	6	
5	Mac & Trees (Macaroni & cheese w/broccoli), Green Beans, Fruit, Baked Potato, Salad	7 Chicken & Bean Enchilada Bake, Spanish Rice, Fiesta Corn, Baked Potato, Salad & Fruit	8 Open-Faced Roasted Turkey Sandwich, Mashed Potatoes, Gravy, Baby Glazed Carrots, Fruit, Salad Baked Potato	9 School Pizza, Corn, Fruit, Salad, Baked Potato	Brunch: Scrambled Eggs, Biscuit & Gravy, Sausage Patty, Fruit, Salad, Baked Potato	11
12	13	14	15	16	17	18
	Bowtie Pasta with Cajun Cream Sauce, Steamed Broccoli, Fruit, Salad, Baked Potato	Chicken Fajita Bar, Pinto Beans, Fruit, Salad & Baked Potato	Principal for the Day Juliet Church Meatloaf, Mashed Potatoes, Green Beans, Fruit, Salad, Baked Potato Foxhollow Beef	Principal for the Day Aymen Chandler Papa Johns, Green Beans, TBD Salad, Baked Potato	Crispy Chicken Leg, Green Beans, Roll, Fruit, Baked Potato, Salad	
19	20	21	22	23	24	25
	Pasta with Ricotta and Peas, Garlic Bread, Fruit, Salad, Baked Potato	8th Grade Last Day Walking Taco Bar, Black Bean Salad, Fruit, Salad, Baked Potato Foxhollow Beef	ACE Day Meatball Subs, Tater Tots, Corn on the Cob, Fruit, Baked Potato	All Beef KY Dawgs, Green Beans, Fruit	Last Day Dismiss @ 11:00 AM	
26	27	28	29	30	31	