



Tomatoes by
Carley Amon



September Harvest Tomatoes by Carley Amon

"My favorite item on the salad bar carrots because they pair well with a lot of foods."

"If I were a farmer, I would grow carrots because they are my favorite vegetable."

"My favorites on the salad bar are the chicken and the carrots because they pair well with salad."

FIELD DAY
FAMILY FARM



September



This symbol will represent the harvest of the month.
This month's harvest is tomatoes.



Salad bar, milk and fruit side offered daily!
This month's salad bar protien is diced chicken.

B = Breakfast L = Lunch

Beef now from On Tapp Farm
(all grass-fed, all natural)

Baked Potatoes will be offered daily.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 NO SCHOOL	3 B: Sausage Biscuit L: Southern Chicken Tenders, Sawmill Gravy, Hashbrown Casserole, Breaded Ocra	4 B: Eggs & Hashbrown L: Pasta Bake w/ Pepperoni, Bread Stick, Vegetable Blend	5 B: Pancakes L: Sloppy Joes on Whole Wheat Bun, Tater Tots, Carrots	6 B: A la Carte L: School Pizza, Corn	7
8	9 B: A la Carte L: Macaroni & Cheese w/Broccoli, Garlic Bread	10 B: Biscuits w/Jelly L: Chicken Fajitas, Fiesta Corn, Black Beans	11 B: French Toast L: Turkey w/gravy, Mashed Potatoes, Carrots	12 B: Biscuit & Gravy L: All Beef Hot Dog, Baked Beans, Corn	13 B: A la Carte L: Brunch - Biscuit & Gravy, Eggs, Sausage Patty	14
15	16 B: A la Carte L: Vegetable Alfredo, Broccoli, Breadstick	17 B: Diced Ham & Eggs L: Taco Bar, Refried Beans, Corn, Spanish Rice	18 B: Berry Yogurt Parfaits L: Chicken Pot Pie	19 B: Sausage Links & Hashbrown L: Grilled Ham & Cheese, Baked Apples, Tater Tots	20 B: A la Carte L: Smoked Sausage, Red Beans & Rice, Cucumber, Tomato & Onions Salad	21
22	23 B: A la Carte L: Pasta Primavera, Lemon Sautéed Vegetable Blend, Breadstick	24 B: Sausage Biscuit L: Chicken Wraps, (Buffalo or Caesar Style), Green Beans	25 B: Pancakes L: Cheesy Noodles w/ Ground Beef, Mashed Potatoes, Sautéed Maple-Brussels sprouts w/bacon & onion	26 B: Berry Yogurt Parfait L: Honey-Garlic Diced Pork, Roasted Potatoes, Glazed Carrots	27 B: A la Carte L: Papa John's, Corn	28
29	30 B: A la Carte L: Pasta w/Ricotta & Broccoli, Garlic Bread	25	26	27	28	29