



 Celery by
Anderson Ward



Month Harvest
Celery by
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"My favorite item
on the salad bar is
spinach because... it
tastes great."

"I stay healthy by
playing sports."

"If I were a farmer, I
would grow celery
because I love the
crunch when I eat it!"

January

Join Us for Lunch! Contact Chef Mike at mgrimes@ascension-parish.com



This symbol will represent the harvest of the month.
This month's harvest is Celery.



Salad bar, milk and fruit side offered daily!
This month's salad bar protien is chicken.



Tuesdays are Taste Challenge Days for the kids to
try something new.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 NO SCHOOL	31 NO SCHOOL	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4
5	6 B: A la Carte L: Beef Nachos, Corn, Black Beans	7 B: Sausage Biscuit L: Chicken Patty on Whole Wheat Bun, Normandy Blend Vegetables, Tater Tots	8  B: Pancake Wrap. L: Hamburgers, Seasoned Fries & Green Beans	9 B: Eggs & Sausage Links L: Italian Chicken Pasta, Broccoli, Breadstick	10 B: A la Carte L: Chili, Cornbread, Corn	11
12	13 B: A la Carte L: All Beef Hot Dogs, Baked Beans, Corn on the Cob	14 B: Hash Brown & Sausage Patty L: Creamy Tomato Soup, Grilled Cheese, Peas & Carrots	15  B: A la Carte L: Chicken Salad on Croissant, Seasoned Fries, Normandy Blend Vegetables	16 B: Pancakes & Bacon L: Spaghetti & Meatballs, Broccoli, Garlic Toast	17 B: A la Carte L: Bacon Mac & Cheese, Steamed Broccoli	18
19	20 No School (MLK)	21 B: Pancakes & Sausage Patty L: Beef & Cheese Noodles, Peas & Carrots	22  B: Biscuit & Gravy L: Chicken Noodle Soup, Baguette	23 B: A la Carte L: Fish on Whole Wheat, Green Beans, Tater Tots	24 Dismiss at 11:00 AM NO LUNCH	25
26	27 B: A la Carte L: Vegetable Soup, BLT on Hoagie	28 B: Pancake Wrap L: Beef Tacos, Pinto Beans, Corn	29  B: Sausage Biscuit L: Salisbury Steak, Mashed Potatoes, Gravy, Peas, Roll	30 B: A la Carte L: Chicken & Dumplings, Peas & Carrots	31 B: A la Carte L: Papa John's Cheese Pizza, Corn	1