

## Activity

Jesus said, "Don't be afraid." You can trust in God's love. In the first drawing space, draw a picture of something that can be frightening. Then in the space below that, draw a picture that shows how you feel when you trust in God's care.

I sometimes feel afraid.

I know God cares for me and loves me.

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## Family Corner

### Faith Focus

On our journey of faith, fear is like a traffic light stuck on red. It protects us from being hurt but it also prevents us from moving forward in life. We may be afraid of offending so we take no stand at all. As disciples, we must focus our thoughts on God's power instead of any negative energy around us. When we change our mindsets from fear to eternity, we can move forward with faith.

### Family Activity

Draw a traffic light with a yellow circle in the middle. Divide the red and green circles into eight sections but do not fill them in. Discuss choices each family member has made during the past week. For each choice made from fear, fill in a red section. For each choice made from faith, fill in a green section. Then see if your family moved forward in faith this week. Talk about what helps you when you are afraid.