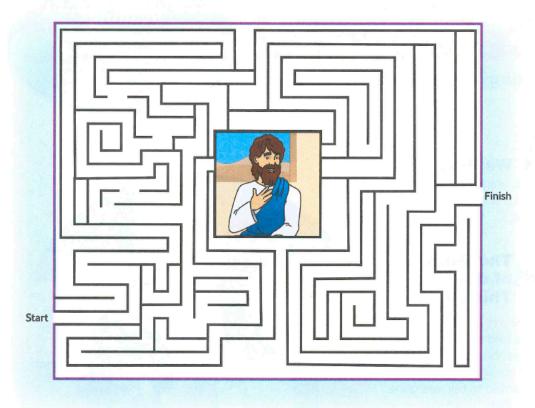
Activity

Jesus said, "Come to me." How is life different before and after you come to Jesus? Here's a clue: Follow this maze from start to finish. How is it different before and after you come to Jesus?



Family Corner

Faith Focus

Jesus invited people to learn his simple pattern of love, and he promised peace to those who did. Life is complicated at times. We feel burdened by external expectations like extended work hours and extracurricular obligations. We feel weary from internal struggles like perfectionism and guilt. "Come to me," Jesus says to us. He invites us to learn his simple pattern of love, and he promises peace to those who do.

Family Activity

Gather for a few minutes this evening. Light a candle representing Jesus' presence. Put a basket next to the candle. This is your "burden basket." Write your worries and concerns on papers and place them in the basket. Spend a few moments in silence, and simply relax in Jesus' presence. (If someone gets the giggles, that's OK.) End simply by saying "Amen." Praying in silence is a good way of letting go of "burdens."

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