



by Tatum Mullaney

**TATUM MULLANEY**

“My favorite thing on the salad bar is the lettuce because it is good and goes with anything.”

“I stay healthy by eating healthy foods. My favorite healthy foods are strawberries, asparagus and spinach but I also like a lot more”

“If I were a farmer I’d grow strawberries because they are my favorite fruit and they are sweet and juicy.”



This symbol will represent the harvest of the month. This month’s harvest is **Raspberries**.

# September

Each day students will be able to choose between the **main entree**, **baked potato entree** or **large pre-made salad entree**. Each entree includes fruit and vegetables.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 L: Chicken Gnocchi in House Marinara, Broccoli, Garlic Toast	1 L: *Beef Tacos, Black Beans & Corn	2 L: BBQ Pulled Pork on Whole Wheat Bun, Potato Salad & Carrots	3 L: Cheese Ravioli in House Marinara, Broccoli & Garlic Toast	4 OAKS DAY NO SCHOOL	5
6	7 NO SCHOOL	8 L: Fish Sandwich on Whole Wheat Bun, Seasoned Fries & Peas & Carrots	9  L: All Beef Hot Dogs, Baked Beans & Corn	10 L: BBQ Chicken Leg, Scalloped Potatoes & Green Beans	11 L: Salisbury steak, Mashed Potatoes, Peas & Roll	12
13	14 L: Beef Nachos, Refried Beans & Corn	15 L: Ham Sandwich on Hoagie, Waffle Fries & Normandy Blend Vegetables	16  L: Chicken Salad on Croissant & Broccoli	17 L: Penne Pepperoni Pasta Bake, Peas & Garlic Toast	18 L: Smoked Sausage Red Beans & Rice, Cucumber Salad	19
20	21 L: Meatball Sub with House Marinara, Tater Tots, Green Beans	22 L: Mac & Cheese with Trees, Bosco Breadstick	23  L: Chicken Tenders & Waffle, Seasoned Fries, Peas & Carrots	24 L: Beef Stroganoff : (egg noodles, ground beef, gravy, sour cream, onions), Normandy Blend Vegetables & Roll	25 L: Papa John’s Cheese Pizza & Corn	26
27	28 L: Brunch - (pancake, egg, sausage & bacon)	29 L: Sloppy Joe, Tater Tots & Green Beans	30  L: Chicken Fajitas, Black Beans & Corn	1	2	3