



Ascension Cafeteria News!

Date: August 18, 2021

On behalf of the Ascension Cafeteria I would like to welcome all of our students, parents & staff back to school!!

I wanted to take a minute to let everyone know of some updates that are happening with the kitchen, menu, staff, etc.

Please welcome our newest cafeteria staff member Mrs. Sharon Goodwin!! Mrs. Sharon will be joining us as our new cashier.

We are going to introduce new hot breakfast options on Tuesday & Thursday in order to see how well it is received. These options will be included on our lunch calendar notated with the letter "B" for breakfast. Some of our hot breakfast items will include....bacon, sausage links, sausage patty, biscuits, pancakes, scrambled eggs, biscuit with gravy, new apple or cherry strudel bites, new egg and cheese sandwiches, mini chicken biscuits, breakfast burritos, etc.

Our A la Carte options, (served on Monday, Wednesday & Friday), are served with "on-the-go" in mind and will include the following...., Belgium waffle, fresh fruit, choice of individual cereals, choice of individually wrapped apple, cheese or cherry danish, blueberry muffin, mini cinnamon rolls, mini cinnis, etc.

Snacks will also be available for students during breakfast hours, (7:15 am - 8:15 am). These options will include the following....baked chips, Goldfish, mini Rice Krispies Treats, Honey Maid lil' Squares, individual boxes of cereals, pretzels, fresh fruit, waffles, muffins & danish (variety).

We will continue having a student choose our "Harvest of the Month" vegetable. One of the cafeteria personnel will randomly choose a student that will tell us what they would like the harvest vegetable to be for any given month and that student will draw a picture of their vegetable. A photo of that student and their vegetable will be featured on our cafeteria calendar along with a statement about their vegetable.

Throughout the year we will be experimenting with new menu ideas for lunch. Here a few to look forward to....

Oriental take out: white rice, steamed broccoli, diced chicken served in a take out box & served with a fortune cookie and soy sauce packet(s). Chef Mike's homemade three-cheese personal pizzas served with a new garlic & herb breadstick, vegetable of the day and fruit & our new grilled chicken breast sandwich.

During our winter months we will feature all of our homemade soups & garlic-cheddar biscuits, sandwich, breadstick or baguette.

We do hope to reopen our great salad bar at some point this year as soon as we get the clearance from the health department. Some of the items that will be included are as follows....romaine lettuce, cherry tomatoes, sliced cucumber, shredded carrots, proteins such as chicken salad, diced chicken, diced ham, diced turkey and for lent, tuna salad. We serve a variety of salad dressings, crackers, croutons, bacon-bits, cottage cheese, shredded cheddar, etc. Until then we will be offering our boxed salads as an entree and they will include romaine, cherry tomatoes, sliced cucumber, shredded carrots, protein of the day, croutons, bacon-bits & a dressing of choice.

In closing, I hope that you see many great things happening in our cafeteria and I welcome any feedback from students and our parents. Please feel free to send an email to mgrimes@ascension-parish.com for any questions or concerns.

We're looking forward to a great school year!!

Sincerely,

Chef Mike

Mrs. LaVerne

Mrs. Sharon