

# Ascension Longhorn Athletics

Sport		Grades	Season	League	Coordinator	
Archery						
	Co-Ed	4th & up	October-March	NASP	Natalie Ising	
Baseball - with enough participation or combine w/ other schools						
	Boys	3rd & up	Spring	CSAA	Teague Ridge	
Basketball						
	Co-Ed	JK-K	Winter	St. Gabriel League	Chris Neichter	
	Boys/Girls	1st & 2nd	Winter	St. Gabriel League		
	Boys	3rd & up	Winter	CSAA	OPEN	
	Girls	3rd & up	Winter	CSAA	Dink Horstman	
Cheerleading						
	Co-Ed	1st & up	Fall-Winter	non-CSAA	Sarah Amback	
Cross Country						
	Co-Ed	1st & up	Fall	CSAA	Nicolette Baines	
Field Hockey						
	Girls	3rd & up	Spring	CSAA	Laura Ridge	
Football - tackle combines w/ other schools to form Central Catholic Shamrocks						
	Flag	Co-Ed	1st & 2nd	Fall	St. Albert League	Ashley Altman
	Tackle	Co-Ed	3rd & up	Fall	CSAA	CCS Coordinator
Girls' Flag Football - with enough participation or combine w/ other schools						
	Flag	Girls	5th & up	Fall	CSAA	OPEN
Golf						
	Co-Ed	3rd & up	Spring	CSAA	Justin Amburgey	
Soccer						
	Co-Ed	JK-2nd	Fall & Spring	OLOL League	Sara Morris	
	Co-Ed	3rd & up	Spring	CSAA	Nick Ising	
Softball - with enough participation or combine w/ other schools						
	Girls	3rd & up	Spring	CSAA	Teague Ridge	
Swimming						
	Co-Ed	1st & up	Winter	CSAA	Stephanie Koenig	
Tennis						
	Co-Ed	5th & up	Spring	CSAA	Darla Radcliff	
Track & Field						
	Co-Ed	1st & up	Spring	CSAA	Brian Soverns	
Volleyball						
	Girls	1st & 2nd	Fall	St. Agnes League	Kristin Jansen	
		3rd & up	Fall	CSAA		
	Boys	1st & 2nd	February/March	St. Agnes League	Stephen Hoard	
		3rd & up	February/March	CSAA		