



September

Each day students will be able to choose between the **main entree**, **baked potato entree**, **grilled cheese entree** or **large pre-made salad entree**. Each entree includes fruit and vegetables.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 Labor Day No School	2 B: Cinnamon Roll & Bacon L: Baked Ziti, Garlic Bread, Peas, Side Salad	3 B: Biscuit & Sausage L: Chicken Nuggets, Mash Potato, Broccoli, Cornbread	4 B: Pancakes & Bacon L: Fish Sticks, Carrots, Tator Tots	5 B: Hash Browns & Sausage L: Papa Johns Pizza, Mixed Veggies, Side Salad	6
7	8 B: French Toast & Bacon L: Shred Chicken in Gravy, Egg Noodles, Carrots, Biscuit	9 B: Waffles & Sausage L: Walking Tacos, Black Beans, Corn, Spanish Rice Topping Options: Lettuce, Cheese, Tomato, and Sour Cream	10 B: Blueberry Cream Cheese Stick & Bacon L: Turkey on White, Chicken Noodle Soup, Peas, Potato Chips	11 B: Pancakes & Sausage L: Teriyaki Chicken, White Rice, Broccoli, Fortune Cookie	12 B: Cinnamon Roll & Bacon L: Papa Johns Pizza, Mixed Veggies, Side Salad	13
14	15 B: English Muffin & Sausage L: Burger, Onion Rings, Green Beans, Baked Beans Topping Options: Sliced American Cheese, Lettuce, Pickle	16 B: Breakfast Pocket (Bacon, Egg, and Potato) L: Mexican Chicken and Rice Bowl (Nacho Cheese Optional), Beans, Carrots Topping Options: Shred Cheese, Tomato, Lettuce, or Sour Cream	17 B: Biscuit and Sausage Gravy L: Steak Bites in Brown Gravy, Cheesy Potatoes, Corn on the Cob, Yeast Roll	18 B: Cinnamon Roll & Bacon L: Pancakes, Bacon, Scrambled Eggs, Peas	19 B: Hash Brown & Sausage L: Papa Johns, Mixed Veggies, Side Salad	20
21	22 B: French Toast & Bacon L: Spaghetti & Meat Sauce, Green Bean, Garlic Bread, Side Salad	23 B: Egg & Cheese Bites L: Chicken Drumstick, Mash Potato, Broccoli, Biscuit	24 B: Hash Browns & Sausage L: Beef Tacos, Rice, Refried beans, Corn Topping Options: Shred Cheese, Tomato, Lettuce, or Sour Cream	25 B: Cinnamon Roll & Bacon L: Hot Dog, Fries, Peas and Carrots	26 B: Blueberry Cream Cheese Stick & Sausage L: Papa Johns, Mixed Veggies, Side Salad	27
28	29 B: Pancake & Sausage L: Mac n Cheese, Peas, Baked Beans, Broccoli	30 B: Cinnamon Roll & Bacon L: Nacho Bar (Chicken OR Beef) Options: Black Beans, Rice, Corn, Nacho Cheese, Lettuce, and Tomato	1	2	3	4

Daily Breakfast:
All Breakfast items
are \$0.50

Available items are:

Cheez-its

Goldfish

Assorted Cereal
Bowls

Assorted Pop Tarts

Yogurt

Fruit

Final lunch orders are due to café by 9am each day. If your child will be coming to school after 9am, please contact Margaret at msteurer@ascension-parish.com or Melissa at mpassons@ascension-parish.com to let her know if your child will eat school lunch.