

FRESH FRUIT OF THE MONTH

Mangos

Daily Breakfast:

Bagel (plain or everything) with cream cheese or butter $1.00

Muffin (rotating flavors) $.50

Waffle with pearl sugar $.50

Assorted Pop-Tarts $.50

Assorted Cereals $.50

Orange Juice and Milk $.50

Fresh Fruit Cup $1.00

November

Now Offering a Fresh Fruit and Veggie Bar

Each day students will be able to choose between the **main entree**, **baked potato entree, grilled cheese entree** or **large pre-made salad entree**. Each entree includes fruit and vegetables.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 B: French Toast Stick/Sausage L: Chicken Nuggets Smiley Fries Broccoli Biscuit	3 B: Muffin/ Bacon L: Beef and Cheese Burritos Queso Rice Corn	4 B: Cinnamon Roll/ Sausage L: Baked Ziti Breadstick Green Beans Salad Bar	5 B: Pancakes/Bacon L: Beef Sliders Onion Rings Carrots Baked Beans	6 B: Donut Holes / Bacon L: Papa John's Pizza Mixed Veggies Salad Bar	7
8	9 B: French Toast Stick/Bacon L: Swedish Meatballs Mash Potato, Peas, Dinner rolls Jell-o	10 B: Muffin/Sausage L: Spiral Ham Scrambled Eggs Broccoli Hashbrowns	11 B: Cinnamon Rolls/ Bacon L: Roast Chicken Crispy Potato Crescent Rolls Carrots, Chocolate Frog Brownies	12 B: Pancake/Sausage L: Fish and "Chips"(Fries) Mixed Veggies Honey Wheat Roll Chocolate Cake	13 B: Donut Holes / Bacon L: Papa John's Pizza Mixed Veggies Salad Bar	14
15	16 B: French Toast/ Sausage L: Beef Tips in Gravy Buttered Egg Noodles Carrots Yeast Roll	17 B: Muffin /Bacon L: Nacho Bar: Beef, Queso, Refried Beans, Corn	18 Thanksgiving Lunch L: Turkey Mash Potato Green Bean Rolls Gravy Pie OR Cookie	19 B: Pancake/Sausage L: Teriyaki Chicken Fried Rice Broccoli Mini Egg Roll	20 B: Donut Holes / Bacon L: Papa John's Pizza Mixed Veggies Salad Bar	21
22	23 Thanksgiving Break No School	24 Thanksgiving Break No School	25 Thanksgiving Break No School	26 Thanksgiving Break No School	27 Thanksgiv Brea No Sc	
29	30 B: French Toast Stick/ Bacon L: Chicken Patty on a Bun Cheesy Potato Peas Baked Apples	1	2	3	4	

Thanksgiving Lunch with a Loved One

If parents, guardians, or other loved ones would like to come and eat with the students they need to RSVP to msteurer@ascension-parish.com by Monday the 9th.

If you would like to attend click the link in this email or in the Ascension Connect

Final lunch orders are due to café by 9am each day. If your child will be coming to school after 9am, please contact Melissa at mpassons@ascension-parish.com to let her know if your child will eat school lunch.